

WEEK 1

01/11/2021, 22/11/2021, 13/12/2021, 03/01/2022,
24/01/2022, 14/02/2022, 07/03/2022, 28/03/2022

WEEK 2

08/11/2021, 29/11/2021, 20/12/2021, 10/01/2022,
31/01/2022, 21/02/2022, 14/03/2022, 04/04/2022

WEEK 3

15/11/2021, 06/12/2021, 27/12/2021, 17/01/2022,
07/02/2022, 28/02/2022, 21/03/2022

MONDAY

Cheese & Tomato French Bread Pizza (V)
or
Beef Bolognese with Pasta (WG)
or
Jacket Potato with a Choice of Filling
Sweetcorn, Green Beans

Tropical Fruit Crumble (Ve)(WG) with Custard (V)

Mac & Cheese (V)
or
Mild Chicken Curry with Rice (WG)
or
Jacket Potato with a Choice of Filling
Super Greens, Cauliflower

Orange Jelly (Ve) with Mandarins (Ve)

Veggie Sausage with Roast Potatoes & Gravy (Ve)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
Shredded Cabbage, Carrot Batons
Vanilla Shortbread (Ve)

Mild Veggie Mince Chilli with Golden Rice (Ve)(WG)
or
Choice of Pork or Chicken Sausages with Mash & Gravy
or
Jacket Potato with a Choice of Filling
**Roasted Seasonal Root Vegetables
Sweetcorn & Peppers**
Pear & Sultana Upside Down Cake (V) with Custard (V)

Quorn Fishless Fingers with Chips & Tomato Sauce (Ve)
or
MSC Fish Fingers or Salmon Fish Fingers
with Chips & Tomato Sauce
or
Jacket Potato with a Choice of Filling
Garden Peas, Baked Beans
Cheddar Cheese & Biscuits (V)

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

V – Vegetarian Ve – Vegan WG – Wholegrains



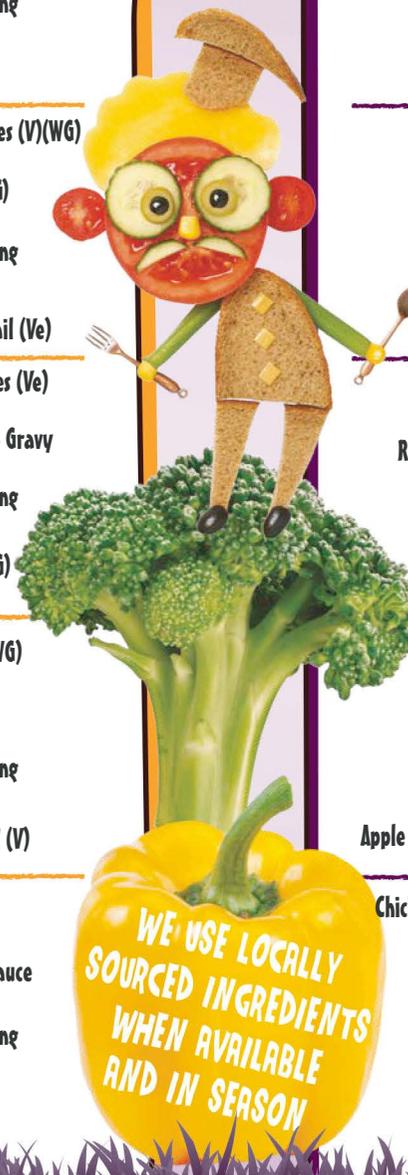
Chickpea & Rice Noodle Stir Fry (Ve)
or
Beef Burger with Jacket Wedges
or
Jacket Potato with a Choice of Filling
BBQ Beans, Oriental Vegetables
Ginger Shortbread (Ve)

Cheese & Onion Pinwheel with New Potatoes (V)(WG)
or
Chicken & Sweetcorn Pasta Bake (WG)
or
Jacket Potato with a Choice of Filling
Broccoli, Peas & Sweetcorn
Strawberry Jelly (Ve) with Fruit Cocktail (Ve)

Veggie Sausage Roll with Roast Potatoes (Ve)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
Swede, Cabbage
Caramelised Apple Crumble (Ve)(WG)
with Custard (V)

Veggie Bolognese with Pasta (Ve)(WG)
or
Cottage Pie
or
Jacket Potato with a Choice of Filling
Carrots, Garden Peas
St Clements Sponge (V) with Custard (V)

Falafel Wrap with Chips (Ve)
or
Battered Fish with Chips & Tomato Sauce
or
Jacket Potato with a Choice of Filling
Garden Peas, Baked Beans
Fruit Platter (Ve)



Smile food that makes you happy

(V) Suitable for Vegetarians

Veggie Mince Singapore Noodles (Ve)
or
Chicken Meatballs with Mash & Gravy
or
Jacket Potato with a Choice of Filling
Oriental Vegetables, Shredded Cabbage
Arctic Roll (V)

Cheese & Tomato Pizza (V)(WG)
or
Ham Pizza (WG)
or
Jacket Potato with a Choice of Filling
Green Beans, Sweetcorn
Strawberry Jelly (Ve) with Peach Slices (Ve)

Cheesy Broccoli Pasta (V)(WG)
or
Roast of the Day with Roast Potatoes & Gravy
or
Jacket Potato with a Choice of Filling
Shredded Carrots, Cauliflower
Lemon Curd Shortcake (V)

Shepherdess Pie (Ve)
or
Mild Beef Chilli with Rice (WG)
or
Jacket Potato with a Choice of Filling
Broccoli, Sweetcorn & Peppers
Apple & Blackberry Crumble (Ve)(WG) with Custard (V)

Chicken Style Burger with Chips & Tomato Sauce (Ve)
or
Battered Fish with Chips & Tomato Sauce
or
Jacket Potato with a Choice of Filling
Garden Peas, Baked Beans
Flapjack (Ve)

SERVED DAILY – FRESHLY BAKED BREAD, FRESH FRUIT, YOGHURTS AND FRESH DRINKING WATER.